

# HOME PORT PD

Edition 19

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- ◆ DAK Beach Volleyball
  - ◆ Döhle Yachts Cadet Program
  - ◆ Start-up: tilla
  - ◆ Shipvisits

*...and many more*

Dear Colleagues,  
Dear Reader,

What a year! This year, this exclamation reflects not only joy about all that has been experienced, accomplished, achieved, relief about the lessening effects and restrictions of the pandemic, but also: fear. Since 24 February 2022, our world is no longer the same!

Russia's attack on Ukraine, which is contrary to international law, casts a shadow on all our lives, but especially on the lives of our Ukrainian and our Russian seafarers.

I am impressed by how well it has been possible to maintain calm on board and how grown relationships, even friendships, bear fruit - regardless of nationality. And yet: with every day of war, it becomes more difficult to find understanding for each other.

We looked after the relatives of our Ukrainian seafarers at our locations in Germany, Poland and Romania, helped them find their way to the West, rented flats and helped them build a new life. There was always the hope that this madness would soon be over - unfortunately it is still not.

So we thank all our colleagues from the bottom of our hearts who have done and are still doing so much for their fellow human beings.

When you read this new issue of the Homeport PD, you will hardly read anything about the war. It accompanies us subliminally, we live our lives, we laugh, we are happy about encounters that are finally possible again after the years of the pandemic. And here, too, things are still not good everywhere, especially for our seafarers, the old normality has not yet returned.

And yet it is so important that we do not lose hope, do not let ourselves be discouraged by the bad news - let us celebrate life, with all its challenges, and never give up.

Rainer Maria Rilke, an Austrian poet (1875 – 1926), expressed in his poem his experience that even in the deepest darkness a hope can shine.

*When you think you can't go on,  
A little light comes from somewhere  
A little light like a star so clear,  
It will shine for you always there*

*It will show you the way back,  
the way to a new happiness.  
So believe in it - never lose hope,  
It will go on - somehow.*

*And with will, strength and courage  
everything will be all right again.  
You only have to believe firmly  
and never let your courage be robbed.*

*But the hope for a better life,  
please, never let it be taken from you.  
Because when you think it's no longer possible,  
a little light comes from somewhere.*

So I take the opportunity to wish you all a Merry Christmas and a Happy and Prosperous New Year. Stay healthy and happy – may God bless you all wherever you are, wherever you go!

Gaby Bornheim



Jan Döhle, Christoph Döhle, Jochen Döhle, Gaby Bornheim, Jost Döhle, Johann Diercks

Dear Colleagues,  
Dear Reader,

words like sustainability, alternate fuels, CII, EEXI, taxation, digitalization and vessel's service optimization are nowadays found in every shipping publication. We as Döhle Group started already more than ten years ago to design newbuilds fit for upcoming regulations, retrofit propellers, redesign bulbous bows and cut off turbochargers. I am impressed of what we jointly managed to achieve since then. In the last two years we intensified these measures and I would like to thank everyone involved at shore as well as at sea for the great support. By a bunch of technical as well as operational measures we have been able to improve our fleet's performance substantially in view of fuel consumption, emissions, cargo capacity as well as loading flexibility. This is a great starting point to tackle the challenges ahead of us. It is clear to me that the climate change and the consequential and obvious need for emission reductions will require a further intensification of our efforts. I am glad that I have the chance to further develop newbuildings as well as the sailing vessels to remain a competitive and internationally well positioned fleet. Our joint efforts in the ship management and any other department will have an impact on the roadmap to the common 2050 Zero Emission goal of the shipping community. Hence, I expect nothing less than my and everyone else's best to make shipping some steps safer and more sustainable.

Recalling the almost 22 years in this company, I have seen different market environments, desk positions as well as a lot of colleagues coming and going and returning. Every year was challenging and exciting in its own manner and that's what I value in shipping and in the company. I am looking forward to be a leading part of our joint way into the upcoming future. Being soon in charge of the technical ship management teams and our fleets development, my intention is to utilize the upcoming chances connected to regulations, market and climate change driven readjustments in shipping to

arrange a future proof fleet and marine work environment worth to work and invest into. Knowing how strong, innovative and professional the vessels crews and colleagues can be, I am sure that we will stay ahead of the market and will jointly solve any upcoming issue.

So, dear Jochen, Christoph, Jan, Jost, Gaby and Johann - thanks for trusting in myself and in the future of the Döhle Group.

Last but not least allow me to address my huge respect to every crew member at our vessels, supervisors in our site offices as well as at the staff being in the office or travelling abroad to serve our vessels and company interests. Despite the recent tragic geopolitical disruptions you all show high commitment and are therefore the backbone of our companies success.

Stay healthy and whatever comes always keep at least a hand width water below the keel.

Jan Görke





# NEWTICKER

We are pleased to announce that Michal Gellert has been appointed as President of the Board of Döhle Marine Services Europe Sp. z o. o., Poland. Moreover, he will be taking duty as Managing Director of the company.

We wish Michal a good start and continued successful development of the company as well as a great contribution the Döhle Group in the future thus to be an elementary part of the Döhle family.

And we would like to thank Jakub Nowak who took over when Waldemar Perchel passed away and now decided to follow his former dedication as seafarer. Many thanks, dear Jakub, and good luck!

**Michal Gellert**  
Managing Director



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It was a great pleasure for us to host our big Döhle Dinner again last November after a break of three years. On the eve before the well-known Eisbein event in Hamburg, we welcomed more than 200 guests from

all over the world. The evening served the exchange with customers and brokers. Moreover, our chefs once again surpassed themselves and prepared delicious duck dishes for us.

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We are happy to welcome our colleagues from our subsidiary Ernst Russ Shipbroker GmbH & Co. KG in our office at Elbchaussee 370. As is known, Peter Döhle Schiffahrts-KG and Ernst Russ GmbH & Co. KG (today: Ernst Russ Maritime Management GmbH & Co. KG) together with Stüwe & Co. Schiffahrts GmbH & Co. KG formed in 2013 Ernst Russ Shipbroker GmbH & Co. KG ("ERS"). Thus, we brought in the areas of feeder/shortsea container chartering, ro-ro chartering, competitive bulk chartering and MPP chartering. Hence former competitors became partners.

In order to improve communication, creativity and processes between all departments and companies of our group, ERS moved to our headquarters at Elbchaussee 370.



Visitors to our headquarters may have noticed a very special piece of art in our entrance area. Maritime context is harmonized with environmental protection and the special aesthetics of nature. For those wondering what it stands for: here's a little insight into the background.

Margaret and Christine Wertheim became known for their international collaborative art project, The Hyperbolic Crochet Coral Reef. Coral reefs, with their vibrant colors, intertwining and intricate shapes, and curling and rippling surfaces, are the central theme of Australian sisters Margaret and Christine Wertheim. As natural scientists and artists, they analyze the aesthetics of mathematical theories and biological phenomena. For this purpose, they founded the "Institute For Figuring (IFF)" in Los Angeles in 2003. Its purpose is to promote public understanding of the poetic and aesthetic dimensions of science, mathematics and technology - and at the same time to draw attention to the concerns of nature and the environment. They also demonstrate the aesthetics of mathematical and scientific theories.

In the crocheted coral reef, the traditional handicraft technique is combined with the threatened beauty of marine ecosystems and complex mathematical structures to create a participatory work of art. All participants act as artists who help decide the shape of the coral reef.

The Wertheim sisters inspire their art practice with ideas from scientific fields such as physics, logic and computer science. Science writer Margaret and poet and former painter Christine are driven by the belief that concepts normally described by equations and algorithms can also be made accessible through playful physical activities. Hyperbolic geometry can be crocheted; fractals can be created from business cards; and the logic underlying computers can be represented in drawings. The sisters' goal is to make "abstract" concepts understandable and fun through "material play." Who are Margaret and Christine Wertheim?

# NEWTICKER

Margaret and Christine Wertheim (b. Aug. 20, 1958, Brisbane) are a pair of Australian sisters who combine science and aesthetics to raise awareness for the protection of large coral reefs (→ Contemporary Art). Their artwork, "The Hyperbolic Crochet Coral Reef," is a pointed ecological statement they have been working on since 2003. In addition, the crocheted coral reef is shaped by all participants together.







## Did you know that insurance can be fun and exciting?

Döhle Assekuranzkontor has found the right formula: summer sun, outdoor activities, rhythmic music, delicious food and most importantly, great people! On the 31st August, after a break of almost three years, we had the pleasure of hosting a Beach Volleyball event at Beach Me Hamburg. This venue, nestled among Hamburg's residential neighbourhood, could easily rival a volleyball game somewhere at the coast, which was important for creating the right atmosphere.

The event brought together shipping and insurance professionals from all over the world. Among them

were those who have long been in love with beach volleyball, those who just wanted to get to know the sport as well as to enjoy the positive vibes and support the players. Not only did the number of participants nearly triple since 2019, but the number of players also increased, resulting in a total of 12 teams. Each team was composed of P&I and Hull underwriters, claims adjusters, lawyers, ship owners and brokers from Germany and abroad. At the end of the tournament, Tom Sommerwerck, Managing Director, and Yik Yan, Head of Placing, praised the spirit of friendly competition among the players and congratulated the



winners. Third place went to a team from the UK Club, Norwegian Hull Club and Reederei Tamke. Second place was taken by the Standard Club and Evdemon & Partners, and first place by the Schramm Group.

Despite the fact that the main idea of the event was to bring everyone together, it was also essential not to forget about what is happening in the world and make a positive contribution by reaching out to many people.



Thus, each participant received a bracelet with a QR-code to donate to the Stand with Ukraine fund, created by the Delta Maritime Agency in Nikolaev. This organization helps Ukrainian women, children and men in need during the war.



After the closing speech, everyone was welcomed to enjoy delicious food and cool drinks, followed by an invitation to the dance floor. Musical entertainment was provided by the charismatic and talented DJ Babacar, who mixed songs from the 90's with modern tracks. The result was amazing; no one could sit still. Many of

the players revealed their competitive sides as the tournament unfolded and are now very motivated to challenge this year's winners at the next tournament. Beach volleyball is ideal for interactions and bringing people together, which exactly is what our industry needs. Not only according to the feedback of participants the event was a great success. We are very pleased that everyone had a lot of fun and want to thank all participants for a wonderful time.

*Yik. S. Yan*







Feel **connected** - feel **responsible**

## Clean up Hamburg August 11, 2022

With a number of motivated employees, we spent an afternoon at Parc Fiction Hamburg and were given an interesting insight into the different waste collection methods by Oclean.

impressed that we managed to collect a total of 74,8 kg waste, whereas a majority of same consisted of cigarette butts. We were shocked about the result and did not expect the Parc to be this dirty in the first place.

Oclean encourages people to actively reduce their waste and plastic consumption in the long-term with an intrinsic motivation. After roughly 1 hour, we were

This event encouraged us to rethink the handling of our resources and the environment in an easily accessible way. We will organize further clean up dates in 2023.

CI-Team



[https://oclean.hamburg/en/oclean\\_home\\_eng/](https://oclean.hamburg/en/oclean_home_eng/)



## Women in SHIPPING

During this year's SMM in September Annette Suhrbier got the great opportunity to be the moderator on a panel discussion.

"I was really excited to be nominated from WISTA Germany to lead the panel discussion," told Annette. The discussion was attended by no less than Claudia Müller, Federal Government Coordinator for the Maritime Industry and Tourism together with Stefanie Engelhard from Unleash Future Boat and Denise Hank from Con Cubo, two founders in start-ups.

The panel discussed the experience and success of female innovators, their personal drivers for innovation and support.

Stefanie Engelhard is co-founder and team member of Unleash Future, a think tank of highly gifted people. Stefanie is also co-founder and CTO of Unleash Future Boats. Unleash Future Boats presenting an eco-system for zero emission, autonomous boats and ships.

Denise Hank is co-founder of Con Cubo. A young start-up that offers innovative software for visualizing the real

organizational structures and to finally make hidden resources visible. Before that, Denise studied nautical science and worked in different areas within the maritime industry. Therefore, she has gained insights to be able to compare the attitude of branches towards innovation.

Claudia Müller is since January 2022 Coordinator for Maritime Economy and Tourism. In terms of the maritime economy, Claudia is the contact person for concerns of the maritime economy in its entirety and in its range of topics such as the energy transition, decarbonisation of vessel traffic, shipping, ports and marine technology.

With these three women from the industry, it was a fantastic dialogue about various important topics. Questions about existing prejudices of women entrepreneurs, role models or investment problems for start-ups were very interesting themes that led to an exciting talk.

CI-Team



L to R: Annette Suhrbier, Stefanie Engelhard, Claudia Müller, Denise Hank





## CADET PROGRAM

The Döhle Yachts' co-sponsored cadetship programme, supporting those enrolled at the prestigious Warsash Maritime Academy, is proud to have taken on its newest cadet, Jack Watson.

Alongside our co-sponsor, Trinity House, we are delighted to have now given an opportunity to five young people at the beginning of their maritime careers.

We caught up with Jack, as well as our advanced cadets, Joe Parrett and Will Mellor, to check in on their progress.

Jack: "I am the first cadet Döhle Yachts has sponsored who is focussing on engineering and, despite being only one month into the first phase, I am already enjoying it immensely. There was an immediate sense of family with the other cadets, which helped me settle into student living. This course isn't like normal university, in so far as my timetable is quite busy; usually, 9-5 every day. I have an engineering workshop on Monday and Tuesday, which is an enjoyable and practical way to start the week, and the rest of the week

sees lessons from some excellent and knowledgeable tutors."

Joe and Will began their cadetships during the height of the COVID-19 pandemic in 2020.

Joe: "Because of the threat of another lockdown, it was decided that we would initially learn online and sit our exams in person. It was a difficult start to the cadetship as phase one is a steep learning curve, especially when not in a classroom environment. That said, the lecturers did well to adapt the course to this new learning style and we as a cohort were largely unaffected."

Will: "Following my exams in December 2021, I joined Marella Cruises' 'Marella Explorer 2' in Barcelona. At the time of joining, she was struggling with the rise in COVID-19 cases, so all crew had to adhere to very strict protocols, which meant a Christmas and New Year in isolation. In early 2022, we crossed the Atlantic to begin our winter Caribbean and Central America season and this was also affected by COVID-19, meaning we were designated as a 'COVID-19 hospital ship' in Barbados for two months."

Joe and Will are now approaching phase five and their final exams.

Joe: "Next June, I will be completing my final exams and I will look at all opportunities available to me, once qualified. I have a keen interest in sailing superyachts but, having now experienced cruise ships, I would like to gain further commercial experience as I work towards my Chief Mate's Certificate of Competency. The highlights of my time at sea include cruising the Norwegian Fjords, experiencing the Northern Lights, sailing the Pelican of London, and visiting the Azores. It has been a great experience and I have made many friends along the way."

Will: "My final placement as a cadet has been on board Trinity House's buoy tender 'THV Galatea'. I joined in early August 2022, when she was in dry-dock in Middlesbrough for her 5-yearly docking surveys. I have approximately a week left on board as a cadet, after accruing 12 months' sea time, 7 months' bridge watchkeeping, and a completed training record book. I am looking forward to being back in Southampton for phase five and my final academics of Advanced Stability and Maritime Law, a handful of short courses, and then my Officer of the Watch orals around May 2023."

Jack has been adapting to his new way of life: "I have had to make some adjustments on a personal level.

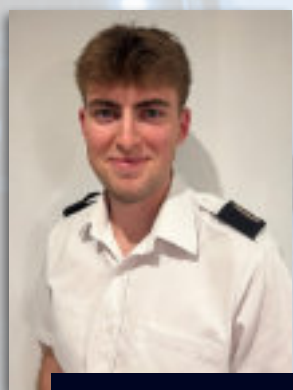
Moving away from home means that I have had to manage my own money but, thankfully, this has been achievable because of the generous monthly cadet bursary I receive. Whenever I tell someone that I am sponsored by Döhle Yachts, their reaction always shows me how lucky I am to have this coveted sponsorship. Since childhood, I have always wanted to become an engineer on superyachts, so being part of the cadetship has made it feel like my plans are coming together. I am at a defining point in my life and having Döhle Yachts right behind me, supporting me through this course, is a dream come true."

Richie Blake, MD of Döhle Yachts, noted: "Jack is our fifth cadet, and we wish him all the best in his studies and his career. Our cadetship programme involves placement on a range of vessel types, so this will give Jack a well-rounded experience of life at sea. We remain fully committed to our cadetship, alongside our partner, Trinity House, and it is something I am extremely proud to be affiliated with."

Döhle Yachts welcomes further applicants for its cadetship programme.

Details can be found on the Just Be Maritime website: <https://www.justbemaritime.com/cadet-sponsors/dohle-yachts>

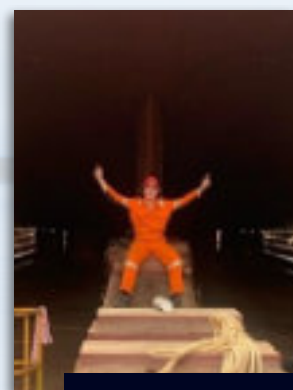
*Dan Perriam*



Jack Watson



Joe Parrett



Will Mellor





**Niklas Weidmann**  
Co-Founder tilla



For more than a year we are closely cooperating with tilla, to approach the many challenges in crew change. Hence, we like to share an interview with the innovative co-founder Niklas Weidmann with you.

### What is behind the start-up tilla?

Founded in April 2021, tilla is a Berlin-based early stage SaaS (Software-as-a-Service) start-up. I, along with Narayana Venkatesh, am the co-founder of tilla, which currently employs a team of eight.

Our vision is to utilize state-of-the-art, human-centric software to bring maritime workforce management into the 21st century. Our ambition is no less than setting the new standard in this segment and to build a product that is loved by seafarers and operators alike.

Our first product targets one of the industry's key pain points. Wildly inefficient and notoriously stressful, crew logistics is a complex mesh of repurposed tools. By leveraging a variety of data sources, tilla's platform eliminates many mundane and error prone processes, while reducing crew change costs and facilitating collaboration between all stakeholders. By doing so, tilla makes crew operations more humane and efficient.

### Does the name tilla have any meaning?

To differentiate ourselves from existing maritime software products, we were looking for a catchy and easy to remember brand name. tilla is derived from the English word tiller (in German = Ruderpinne), which can be interpreted as a small thing that steers the larger whole.

### How did you come up with this project?

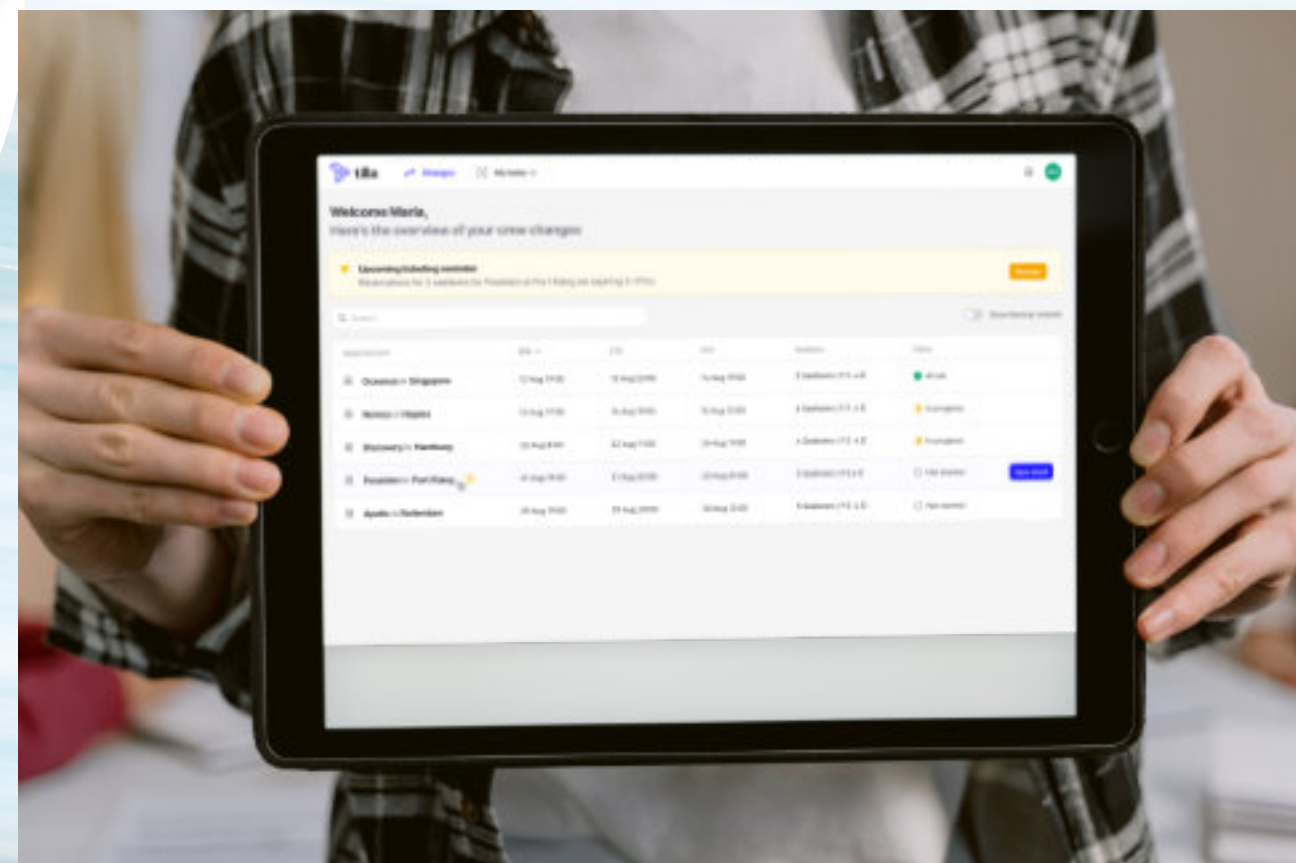
In recent years, I have been genuinely interested in understanding how the nature of work is being reshaped by not just technology, but also other macro factors such as social trends and the COVID-19 pandemic. As I delved deeper into this topic, I got in touch with the founders of the maritime-focused company builder Flagship Founders who introduced me to the world of crew management and its challenges. Together with Flagship Founders, we identified crew changes as a worthwhile pain-point to

address, and chose it as our strategic entry point into the maritime workforce management industry more broadly.

### How do you perceive the shipping industry?

Coming from the world of technology start-ups, I must say that the shipping industry is absolutely fascinating - not least because of its global relevance and the many interesting people I've met throughout the past year. I do enjoy meeting - or hearing about - the numerous resilient entrepreneurs who cut their teeth in and eventually shaped the industry.

Despite its reputation as a traditional and risk-averse industry, there is a palpable and increasing desire for technology-led change and innovation across the sector. Whether it be software to improve and optimize processes and outcomes, or hardware to reduce CO2 emissions.



It will be interesting to look back at this question in five years from now!

### What are your tasks as Co-Founder?

While my individual tasks and responsibilities as a co-founder are very diverse, my broader responsibility is to ensure that we are on the right track to build a successful product and company. First and foremost this entails recruiting the right people and making sure that they have everything they need to excel and grow in their job. Equally important are my responsibilities to excite new clients and investors about tilla and its vision, making sure that the company is operationally and financially healthy, and of course overseeing a great product that puts our customers ahead of their competitors.

Through a lot of hard work, maintaining high standards and some luck, Narayana and I have not only been able to build a stellar team, but also found within one another great partners in crime who share a sense of responsibility and ambition for reshaping the industry.

### Is there a target for what you want or need to achieve?

We're striving to make the biggest impact in the shortest time possible and thus have set ourselves ambitious sales and product targets. Our goals for the

next 12 months include significant progress on the product, which will naturally facilitate our business goal of pushing our customer count into the double-digits.

### How and where do you find the right people for such a start-up?

Hiring the right people early on is critical for laying the foundations for a successful start-up. We use several channels for our talent acquisition, e.g. direct sourcing via our network, LinkedIn jobs and for certain positions - e.g. for software engineers - we use dedicated platforms. Since we're operating in a remote setup and our team is spread across several countries and continents, we have more flexibility with regards to sourcing our talent.

### How can one imagine start-up financing?

An early stage financing round supplies start-ups with financial means to get going. In return, the investors become shareholders of the company. There are several parameters to keep in mind when pursuing a financing round, e.g. the cash need, the evaluation of the company at the time of investing and the type of investor (e.g. business angels, venture capital funds or strategic investors).

CI-Team & Niklas Weidmann





Feel **connected**

## Hamburg meets Constanta

More than 2 years have passed and a Covid pandemic giving all of us a tough time with many restrictions to meet each other face to face. Virtual meetings are by now an essential part of our regular meeting habits.

Considering above and after a long wait, three Crew Superintendents from Hamburg packed their bags and traveled along to the loyal colleagues in Constanta.

Crew Superintendents meeting their counterpart fleet and manning operators spending a marvellous time.

Beyond improving the bond in our cooperation, we shared our experiences, strengths and weaknesses of one another. In addition, meeting our seafarers in person and monitoring how the recruitment process works for them was highly interesting.

This short trip definitely strengthened the collaboration and connectivity between the teams.

*CI-Team*



**DIGITAL HUB LOGISTICS HAMBURG**



Since beginning this year, we intensified our cooperation with the Digital Hub Logistics Hamburg. The Digital Hub Logistics brings together companies, start-ups, investors, research and education in one place.

Like all other companies, Döhle Group is facing the challenge of digital transformation and the path to digitalization. Changing customer needs, continuous changes in regulations, crew changes or a variety of other operational issues require constant further development. For this purpose, the Hub offers a suitable platform for innovation and progressive information exchange.

Many projects and ideas have been already implemented and still constitute a challenge. Innovation and digitization topics can be tackled here together with innovative start-ups and creative solutions developed.

It is good to be able to exchange ideas with experts and develop solutions. Thus, the Hub became a workplace of great dialogues. Together with the Managing Director Johannes Berg, we spent an afternoon there. With us were colleagues from almost all areas of the company, who all enjoy change and want to go new ways. Hence, the Hub's three aspects of "Connect", "Co-work", and "Co-Creat" found already its beginnings and we are looking forward to our further development here.

*CI-Team*



# Shipvisits



## Lynn Heinrich on board of MV „FAITH“

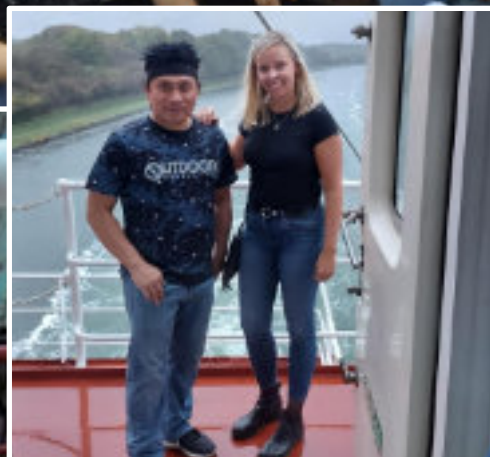
Once again, I was able to visit my beloved crew of MV Faith on Kiel Canal and sail along from Kiel locks till Rüsterbergen pilot station. What a great opportunity!

Whilst meeting familiar faces welcoming me with a big smile, I was also excited to see some new crew on board, whose profiles I till then only knew from the database. I find these personal exchanges highly

important. Taking the time to listen to the crews' needs, I could realize their appreciation having somebody visit from the office. After taking a close look at everybodys future planning and contract queries, of course we did some Karaoke too.

Thanks for having me, dear Crew of MV Faith, and see you soon again!

*Lynn Heinrich*



## Anca Pericleanu on board of MV „AURELIA“

At the end of July I was informed that MV Aurelia will call Constanta port after her joining in our Management middle of the same month in Tuzla, Turkey. Of course, I was very excited about the call and after I got all the approvals for my visit. I went on board to meet Captain Szylin, CEng Kalninh and our nice ex & new crew.

Even though everyone joined approx mid of July only, I was happy to see what a

nice atmosphere there is on board with our professional and experienced crew. At the end of my visit, I can say that it was a wonderful day, full of emotions – because with some of our crew I've met before on some other Team 6 vessels. Moreover, it was nice to sit together and remember the past years – especially the pandemic time. Hence, I am looking forward to visit the next vessel and get in closer connection with our crew on board.

*Anca Pericleanu*



## Maike Dreesmann on board of MV „GERDA“

Its December and herewith Christmas time. Shiny lights, jingle bells, family and loved ones gathering to enjoy each others company. And behind it all, discharging Containers full of xmas gifts and goods to make such festivities comfortable. It is our seafarers with their commitment working on board contributing to our lifestyle and we would like to say THANK YOU for this. Crew of MV Gerda warmly welcomed us and we enjoyed some fruitful exchange about business and personal life's strengthening our working relationship. Merry Christmas, dear Crew!

*Maike Dreesmann*





# Our Seafarers behind the scenes

What keeps our crew busy at home?

Our seafarers remain to play one of the most important roles in the global economy assuring the continuation of delivering our valued goods and needs.

Surely, life at sea is special. Most people, who have not sailed on vessels working at sea for months, can barely imagine and retrace what it feels like. On the one hand, missing family, friends, one's home and the usual habits in the normal world ashore. On the other hand, it is this magical feeling emerging, making one's mind change and opening up a different perspective about certain values. Problems appear to be less dramatic. Sometimes, we wonder what is keeping our crew busy,

what possible passion do they admire, what do they miss most and what stories in life they can tell? At times, we are lucky to get a glimpse of their private lives and in fact be surprised about it.

Each seafarer has a different story to tell, various passions and interests. Family, Friends, hobbies, pets and obligations waiting for him/her at home evolving in a great nostalgia when being on board.

Herewith below, two of our loyal Captains are providing us a glimpse behind the scenes into their lives at home and what keeps them busy during vacation.

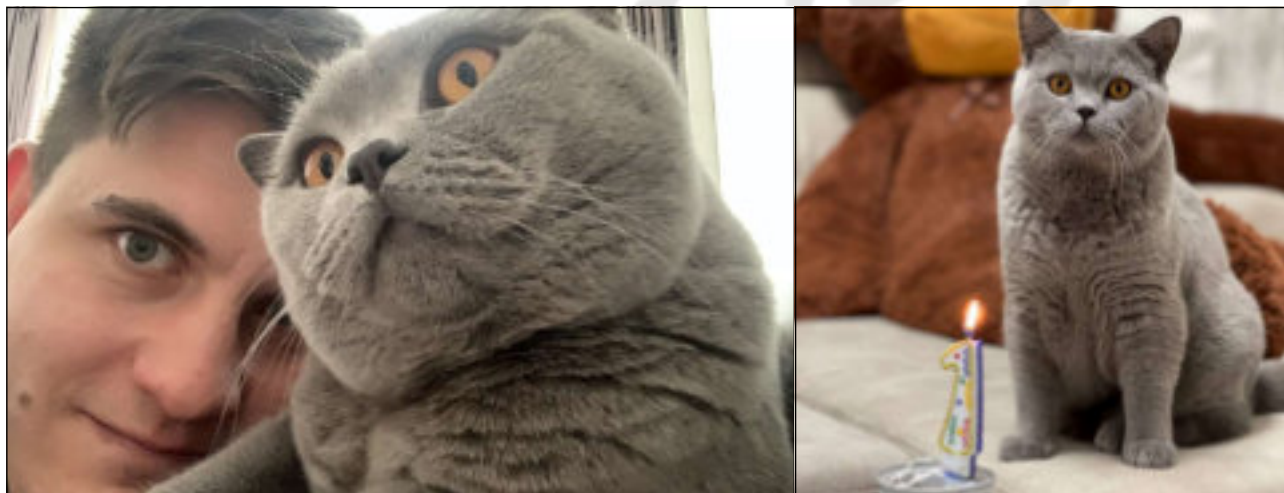
CI-Team

## **Captain Oleksii Yevchev / MV Atalanta**

Her Majesty Shelby – a very special cat with character and a big part of our Captains life.

Majesty Shelby is one of the things Captain Yevchev is missing most when onboard. We are sure that many people can relate to the hairy family members becoming an important part of life. Pets can brighten up the day and add significant values to the daily life.

"Let me introduce my lovely cat - Her Majesty Shelby, a two years old British Shorthair. This kind of cats are famous for their own interest in life with no needs in human interference. She joined our family in 2020 and has quite famous parents and relatives. Once arrived home, quite big windows and a French balcony became the favorite places in the morning to stay, watching the flying birds, fixing people walking for work and running cars, as well as waking up every morning in the early hours watching romantic sunrises and of course the new curtains were affected by her interest. At the age of about one year old, she has met her newly discovered friend at the mirror reflection in the corridor, with quite a long interesting dialogs during nighttime. Finally, we are now two years old and in heavyweight championship with close to six kg weight."



## **Captain Laszlo Minarik / MV Southampton Express**

Almonds are a Captains best friend

"3 years ago, when my goddaughter was born, I decided to give her a gift that she will remember of me even after I'm long time gone. The plantation is cultivated by the two of us, me and my goddaughter's father. The plantation has an area of 1 hectare and has 488 trees. It would have produced its first crop last year, but was taken away by the spring frost. This year, however, turned out to be beyond expectations. We harvested almost one and a half tons of almonds from 3 different varieties. The plantation is not very labor-demanding, but I enjoy every moment of it, of course when I can. I have always found Rousseau's back-to-nature philosophy very attractive. Probably that is the reason why I work at sea and not in an office, prefer a motorbike instead of a family car.,





# STEAMED BUCKWHEAT & GRILLED SALMON IN MANGO SALSA

BY CHIEF COOK OMAGTANG, ERNIE MARTINEZ

## Ingredients

Dish:  
Salmon  
Zucchini Slice  
Beetroots  
Buchwheat  
Mango  
Bell Pepper (red & green)  
Salt & Pepper  
Garlic  
Olive Oil

Sauce:  
Egg Yolk  
Butter  
Lemon  
Salt & Pepper



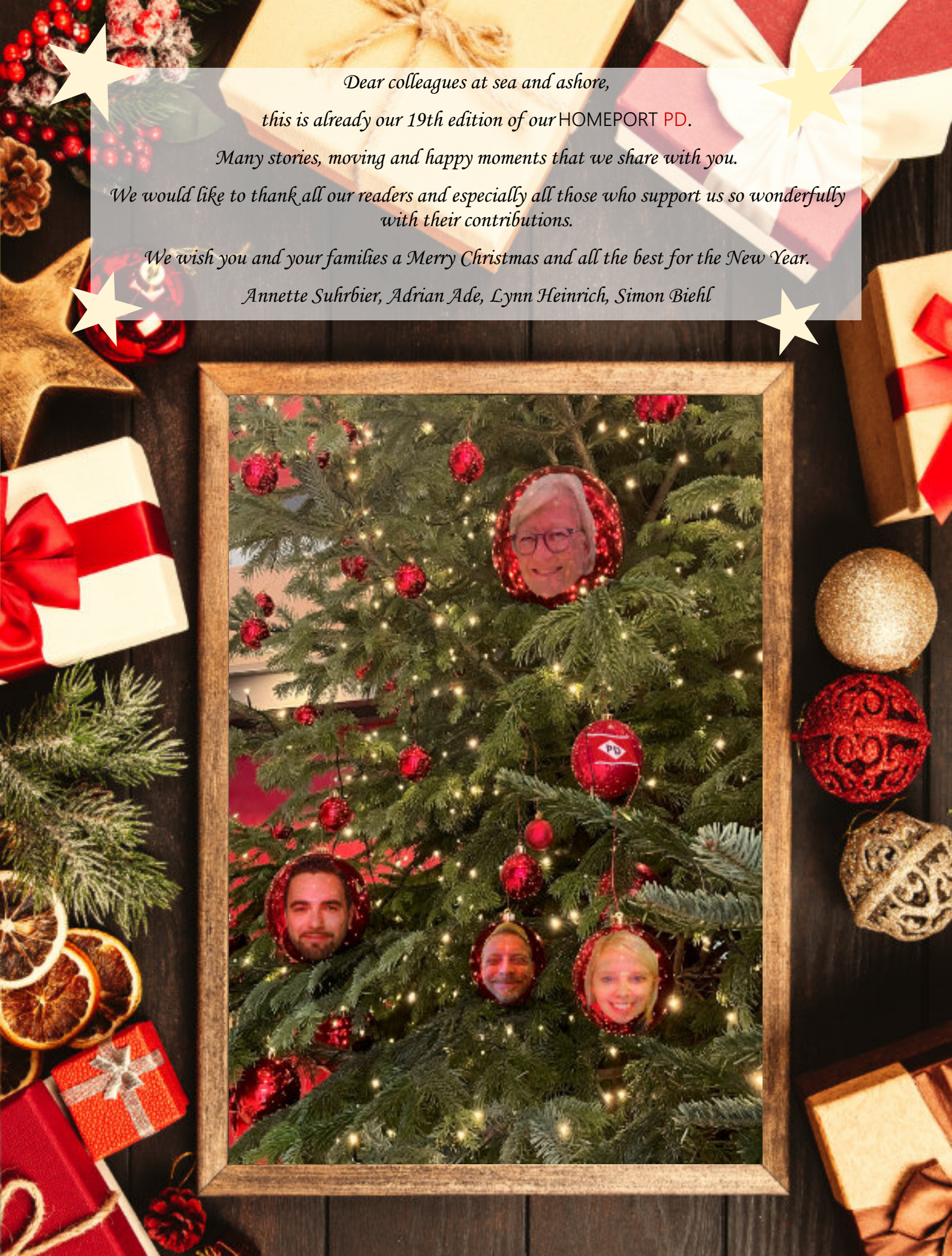
## Notes

Make sure that you only use medium heat or steam heating when preparing the sauce in order to avoid the egg to be over cooked. Do not over grill the salmon so that it will not become dry and maintain the juiciness and tenderness of the fresh salmon.

## DIRECTIONS

Season the salmon with salt & pepper. Reheat the grill. Slice the zucchini, season with salt, pepper and olive oil and grill. Boil the beetroots and grate into thin slices. Add salt, pepper, olive oil, and fine chopped garlic. Boil the buckwheat and season with salt until cook. Cut the mango in thin slices together with red & green bell pepper in same size. Mix them together and season with salt & pepper. Assemble on a serving plate. Grill salmon in a preheated fryer.

Prepare the sauce in sauce pan. Melt the butter then add egg yolk and mix it well. Make sure that you only use medium heat then add lemon, salt, black pepper and small vinegar. When done place the sauce on a serving plate.







## IMPRINT

PETER DÖHLE Schiffahrts-KG  
Elbchaussee 370 | 22609 Hamburg  
Telephone: +49 40 381 08 0  
E-mail: [ci@doehle.de](mailto:ci@doehle.de)

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Editorial Staff:

Annette Suhrbier, Adrian Ade, Simon Biehl, Lynn Heinrich

Design & Editorial Art:

Simon Biehl

Point of contact: [ci@doehle.de](mailto:ci@doehle.de)

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Registered office: Hamburg, HRA 69072

General Partner: Jochen Döhle, Christoph Döhle, Beteiligungs- und Verwaltungsgesellschaft Peter Döhle mbH, Registered office: Hamburg, HRB 13259

Managing Directors:

Jochen Döhle, Christoph Döhle, Dr. Gaby Bornheim, Johann Diercks